











towanda+

Weekly Menu



Keep the camp spirit alive at meal time with these Mess Hall inspired menu ideas!

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST Scrambled Eggs & Hashbrowns	BREAKFAST Support Scope Sunday Bagels 	BREAKFAST French Toast Sticks	BREAKFAST Waffles 	BREAKFAST Yogurt, granola & fruit from the salad bar!	BREAKFAST Cereal of choice! 	BREAKFAST Pancakes 
LUNCH Pizza! 	LUNCH Sloppy Joes & Curly Fries	LUNCH Tuna & Egg Salad wraps	LUNCH Chicken Strips & French fries	LUNCH Grilled Cheese 	LUNCH Bagged Lunch Hoagies and Chips	LUNCH Mac & Cheese 
DINNER Spaghetti & Meatballs with Garlic Bread	DINNER Sunday BBQ with the Grateful Dead	DINNER Chinese Make your own or order in!	DINNER Taco Tuesday! 	DINNER Turkey Dinner with Mashed potatoes	DINNER Trip Day Special Support your fav local restaurant!	DINNER Shabbot Dinner Chicken, roast potatoes & challah

DON'T FORGET TO TAG US (@camptowanda), use the hashtag #towandaplus and send us your pics and videos of your camp inspired meals and cooking to be in Friday Nite Fix!